



LIGHT BEACONS PORTAL

with
Jennifer Hoffman
**A 5D Community for
Light Age Activists**

Light Beacons October 2018

DNA - Upgrades, Downloads, and Rebuilds

We can complete part of our ascension cycle with our existing 3D body, even with the 3D/5D integration, and its 2 strand DNA model. But at some point our DNA must be upgraded to its 13 strand model that is the fully activated Christed Awareness model. This month's message is about the DNA and other physical body changes we will be going through so we can access the next phases of ascension.

The basics of energy downloads

What are your energy download symptoms?

How do they relate to DNA upgrades?

The accepted DNA model

The new 13 strand DNA model

Multi-dimensionality and 3D/5D integration, the multi-dimensional wobble

What happens during a DNA upgrade

How energy downloads participate

What is a DNA rebuild and how the different levels of spiritual awareness are impacted.

Soul mission and life purpose – the basics you need to know to stop seeking your life purpose

Moving into the Light Age and life at the speed of light

Emotional DNA and its impact on your physical DNA

Light Beacons Portal
Monthly Lesson

Congruence – moving from becoming 360 to becoming 360x3

DNA upgrades, healing cycles, and congruent harmony – the difficult truth

I hope you enjoyed this lesson and look forward to seeing you on the Q&A call

Many blessings
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Remember to send your questions to support@enlighteninglife.com