



LIGHT BEACONS PORTAL

with
Jennifer Hoffman
A 5D Community for
Light Age Activists

Light Beacons August 2018 Topic 5D Timelines

5D timeline -----

3D timeline _____

What's on your 3D timeline that is fixed, rigid, and no longer fulfilling?

Where is your 'break point'? What makes you so unhappy that you no longer want that 3D time and you are no longer afraid of change?

What does your 3D timeline look like after the insertion of 5D energy?

What is in your life after the integration of new 5D energies?

What is no longer in your life after the integration of new 5D energies??

Who is in your life now, after the integration of new 5D energies?

Who is no longer in your life once 5D energies are in place?

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Who and what are you going to invite to join you on your 3D timeline?

What is their level of acceptance with respect to your new energy levels?

What do you do if they do not accept your new integrated 3D/5D timeline?

What is the next 'breaking point' for you? How difficult do these have to be? Can you make them easy?

Knowing that once you raise your frequency you cannot return to your 'old' frequency, life, and connections, what are you afraid to release or leave that may hold you back from your next 3D/5D ascension integration?

What does your integrated 3D life look like (think of the things you want to do/be/have:

This is the exercise mentioned in the video:

Look at a difficult or challenging life situation on your 3D timeline:

Where is the breaking point? When are you done with it? What shakes you loose from your 'comfort zone'?

What energy do you want to bring into your life? What is the 'different' thing?

What is your intention for this new 3D/5D integration? Make it strong and powerful because it opens the portal to 5D energy.

Timelines are the manifestation of energy and intention to create a new reality. Your life goes in a different direction. What direction do you want your life to go in?

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What do you think is in your field of potential? Think of what you want, wish for, dream about, hope will happen.

Finally, how much are you willing to allow your life to expand to embrace the change and how much will you limit?

I hope you enjoyed this lesson and look forward to our upcoming Q&A discussion, the link is available on the LIVE Q&A page at lightbeaconsportal.com

Many blessings
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Remember to send your questions to support@enlighteninglife.com