



Worksheet for the Spiritual Initiation Program -- Step 4 -- Enlightenment

Use this worksheet after reading the article for Step 4 -- Enlightenment -- in the Spiritual Initiation Program. The audio file is available to help you complete the worksheet.

Have you reached enlightenment in your initiation journey? Do you understand your path of spiritual initiation and its purpose in your journey of ascension and evolution?

How do you know that you are enlightened?

What does enlightenment mean to you? Do you feel any differently about yourself, knowing that you are enlightened?

Do you understand the purpose of this experience with respect to your soul's healing into wholeness journey?

Are you complete with this initiation and ready to release it?

Do you understand, or are you aware, that you are enlightened when you say you are, that you do not need anyone's permission, approval or blessing, to be enlightened?

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Can you acknowledge yourself for what you have accomplished in this process of spiritual initiation?

Do you feel more powerful, confident and enlightened?

Looking back on this process, is there anything you would have done differently?

At any point in the process of spiritual initiation, did you get an intuitive feeling that you should make a specific choice or not choose something that you chose anyway? Did you pay attention to your intuition?

Are you ready for the next phase of your spiritual journey and are willing to take on new challenges?

How has this helped you become more powerful, or empowered you to see yourself as deserving of grace and effortlessness on your life path?

Many blessings,

Jennifer Hoffman

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If you have questions please email them to support@enlighteninglife.com